



Thomas Christenbery

OTHER FAST FACTS BOOKS

Fast Facts on **ADOLESCENT HEALTH FOR NURSING AND HEALTH PROFESSIONALS**: A Care Guide (*Herrman*)

Fast Facts for the **ANTEPARTUM AND POSTPARTUM NURSE**: A Nursing Orientation and Care Guide (*Davidson*)

Fast Facts Workbook for CARDIAC DYSRHYTHMIAS AND 12-LEAD EKGs (Desmarais)

Fast Facts for the **CARDIAC SURGERY NURSE**: Caring for Cardiac Surgery Patients, Third Edition (Hodae)

Fast Facts for **CAREER SUCCESS IN NURSING**: Making the Most of Mentoring (Vance)

Fast Facts for the CATH LAB NURSE (McCulloch)

Fast Facts for the **CLASSROOM NURSING INSTRUCTOR**: Classroom Teaching (*Yoder-Wise, Kowalski*)

Fast Facts for the CLINICAL NURSE LEADER (Wilcox, Deerhake)

Fast Facts for the **CLINICAL NURSE MANAGER**: Managing a Changing Workplace, Second Edition (*Fry*)

Fast Facts for the **CLINICAL NURSING INSTRUCTOR**: Clinical Teaching, Third Edition (Kan. Stabler-Haas)

Fast Facts on **COMBATING NURSE BULLYING, INCIVILITY, AND WORKPLACE VIOLENCE**: What Nurses Need to Know (Ciocco)

Fast Facts for the CRITICAL CARE NURSE, Second Edition (Hewett)

Fast Facts About **CURRICULUM DEVELOPMENT IN NURSING**: How to Develop and Evaluate Educational Programs. Second Edition (McCov, Anema)

Fast Facts for **DEMENTIA CARE**: What Nurses Need to Know, Second Edition (Miller)

Fast Facts for **DEVELOPING A NURSING ACADEMIC PORTFOLIO**: What You Really Need to Know (*Wittmann-Price*)

Fast Facts for **DNP ROLE DEVELOPMENT**: A Career Navigation Guide (*Menonna-Quinn*, *Tortorella Genova*)

Fast Facts About **EKGs FOR NURSES**: The Rules of Identifying EKGs (Landrum)

Fast Facts for the **ER NURSE**: Emergency Department Orientation, Third Edition (Buettner)

Fast Facts for EVIDENCE-BASED PRACTICE IN NURSING: Third Edition (Godshall)

Fast Facts for the **FAITH COMMUNITY NURSE**: Implementing FCN/Parish Nursing (Hickman)

Fast Facts About FORENSIC NURSING: What You Need to Know (Scannell)

Fast Facts for the **GERONTOLOGY NURSE**: A Nursing Care Guide (Eliopoulos)

Fast Facts About **GI AND LIVER DISEASES FOR NURSES**: What APRNs Need to Know (Chaney)

Fast Facts About the **GYNECOLOGICAL EXAM**: A Professional Guide for NPs, PAs, and Midwives, Second Edition (Secor, Fantasia)

Fast Facts in **HEALTH INFORMATICS FOR NURSES** (Hardy)

Fast Facts for **HEALTH PROMOTION IN NURSING**: Promoting Wellness (Miller)

Fast Facts for Nurses About HOME INFUSION THERAPY: The Expert's Best Practice Guide (Gorski)

Fast Facts for the HOSPICE NURSE: A Concise Guide to End-of-Life Care, Second Edition (Wright)

Fast Facts for the L&D NURSE: Labor & Delivery Orientation, Second Edition (Groll)

Fast Facts for the **LONG-TERM CARE NURSE**: What Nursing Home and Assisted Living Nurses Need to Know (*Eliopoulos*)

Fast Facts to **LOVING YOUR RESEARCH PROJECT**: A Stress-Free Guide for Novice Researchers in Nursing and Healthcare (*Marshall*)

Fast Facts for MAKING THE MOST OF YOUR CAREER IN NURSING (Redulla)

Fast Facts for **MANAGING PATIENTS WITH A PSYCHIATRIC DISORDER**: What RNs, NPs, and New Psych Nurses Need to Know (*Marshall*)

Fast Facts About **MEDICAL CANNABIS AND OPIOIDS**: Minimizing Opioid Use Through Cannabis (Smith, Smith)

Fast Facts for the **MEDICAL OFFICE NURSE**: What You Really Need to Know (*Richmeier*)

Fast Facts for the MEDICAL-SURGICAL NURSE: Clinical Orientation (Ciocco)

Fast Facts for the **NEONATAL NURSE**: A Nursing Orientation and Care Guide (Davidson)

Fast Facts About **NEUROCRITICAL CARE**: A Quick Reference for the Advanced Practice Provider (McLaughlin)

Fast Facts for the **NEW NURSE PRACTITIONER**: What You Really Need to Know, Second Edition (Aktan)

Fast Facts for NURSE PRACTITIONERS: Practice Essentials for Clinical Subspecialties (Aktan)

Fast Facts for the NURSE PRECEPTOR: Keys to Providing a Successful Preceptorship (Ciocco)

Fast Facts for the NURSE PSYCHOTHERAPIST: The Process of Becoming (Jones, Tusaie)

Fast Facts About NURSING AND THE LAW: Law for Nurses (Grant, Ballard)

Fast Facts About the NURSING PROFESSION: Historical Perspectives (Hunt)

Fast Facts for the **OPERATING ROOM NURSE**: An Orientation and Care Guide, Second Edition (*Criscitelli*)

Fast Facts for the PEDIATRIC NURSE: An Orientation Guide (Rupert, Young)

Fast Facts Handbook for **PEDIATRIC PRIMARY CARE:** A Guide for Nurse Practitioners and Physician Assistants (*Ruggiero*, *Ruggiero*)

Fast Facts About **PRESSURE ULCER CARE FOR NURSES**: How to Prevent, Detect, and Resolve Them (*Dziedzic*)

Fast Facts About PTSD: A Guide for Nurses and Other Health Care Professionals (Adams)

Fast Facts for the **RADIOLOGY NURSE**: An Orientation and Nursing Care Guide, Second Edition (*Grossman*)

Fast Facts About **RELIGION FOR NURSES**: Implications for Patient Care (Taylor)

Fast Facts for the SCHOOL NURSE: What You Need to Know, Third Edition (Loschiavo)

Fast Facts About **SEXUALLY TRANSMITTED INFECTIONS**: A Nurse's Guide to Expert Patient Care (Scannell)

Fast Facts for **STROKE CARE NURSING**: An Expert Care Guide, Second Edition (Morrison)

Fast Facts for the STUDENT NURSE: Nursing Student Success (Stabler-Haas)

Fast Facts About **SUBSTANCE USE DISORDERS**: What Every Nurse, APRN, and PA Needs to Know (Marshall, Spencer)

Fast Facts for the TRAVEL NURSE: Travel Nursing (Landrum)

Fast Facts for the TRIAGE NURSE: An Orientation and Care Guide, Second Edition (Visser, Montejano)

Fast Facts for the WOUND CARE NURSE: Practical Wound Management (Kifer)

Fast Facts for **WRITING THE DNP PROJECT**: Effective Structure, Content, and Presentation (*Christenbery*)

Forthcoming FAST FACTS Books

Fast Facts for the **ADULT-GERONTOLOGY ACUTE CARE NURSE PRACTITIONER** (Carpenter)

Fast Facts About ${\bf COMPETENCY-BASED}$ **EDUCATION IN NURSING**: How to Teach Competency Mastery (Wittmann-Price, Gittings)

Fast Facts for **CREATING A SUCCESSFUL TELEHEALTH SERVICE**: A How-to Guide for Nurse Practitioners (*Heidesch*)

Fast Facts About **DIVERSITY**, **EQUITY**, **AND INCLUSION** (Davis)

Fast Facts for the **ER NURSE**: Guide to a Successful Emergency Department Orientation, Fourth Edition (*Buettner*)

Fast Facts for the **L&D NURSE**: Labor & Delivery Orientation, Third Edition (Groll)

Fast Facts About LGBTQ CARE FOR NURSES (Traister)

Fast Facts for the **NEONATAL NURSE**: Care Essentials for Normal and High-Risk Neonates, Second Edition (*Davidson*)

Fast Facts for the **NURSE PRECEPTOR**: Keys to Providing a Successful Preceptorship, Second Edition (*Ciocco*)

Fast Facts for PATIENT SAFETY IN NURSING (Hunt)

Visit www.springerpub.com to order.

FAST FACTS for WRITING THE DNP PROJECT

Thomas Christenbery, PhD, RN, CNE, is professor of nursing and director of program evaluation at Vanderbilt University School of Nursing. Since 2004, he has focused on teaching, research, and scholarship endeavors related to evidence-based practice. He is the author of Evidence-Based Practice in Nursing: Foundations, Skills, and Roles (Springer Publishing Company). Dr. Christenbery is published widely in journals such as Nurse Educator and Journal of Nursing Administration. Dr. Christenbery's courses actively engage students in critical thinking and clinical reasoning so that they may expand their roles as expert nurse clinicians who have a broad impact on healthcare. Dr. Christenbery has been actively involved in teaching and advising DNP students since 2008.

FAST FACTS for WRITING THE DNP PROJECT

Effective Structure, Content, and Presentation

Thomas Christenbery, PhD, RN, CNE



All rights reserved.

No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without the prior permission of Springer Publishing Company, LLC, or authorization through payment of the appropriate fees to the Copyright Clearance Center, Inc., 222 Rosewood Drive, Danvers, MA 01923, 978-750-8400, fax 978-646-8600, info@copyright.com or on the Web at www.copyright.com.

Springer Publishing Company, LLC 11 West 42nd Street, New York, NY 10036 www.springerpub.com connect.springerpub.com/

Acquisitions Editor: Joseph Morita Compositor: Amnet Systems

ISBN: 978-0-8261-5202-2 ebook ISBN: 978-0-8261-5203-9 DOI: 10.1891/9780826152039

20 21 22 23 / 5 4 3 2 1

The author and the publisher of this Work have made every effort to use sources believed to be reliable to provide information that is accurate and compatible with the standards generally accepted at the time of publication. The author and publisher shall not be liable for any special, consequential, or exemplary damages resulting, in whole or in part, from the readers' use of, or reliance on, the information contained in this book. The publisher has no responsibility for the persistence or accuracy of URLs for external or third-party Internet websites referred to in this publication and does not guarantee that any content on such websites is, or will remain, accurate or appropriate.

Library of Congress Cataloging-in-Publication Data

LC record available at https://lccn.loc.gov/2020019767 LC ebook record available at https://lccn.loc.gov/2020019768

Names: Christenbery, Thomas Lee, author.

Title: Fast facts for writing the DNP project : effective structure, content, and presentation / Thomas Christenbery.

Other titles: Fast facts (Springer Publishing Company)

Description: New York, NY : Springer Publishing Company, LLC, [2021] | Series: Fast facts | Includes bibliographical references and index.

Identifiers: LCCN 2020019767 (print) | LCCN 2020019768 (ebook) | ISBN 9780826152022 (paperback) | ISBN 9780826152039 (ebook)

Subjects: MESH: Advanced Practice Nursing—education | Education, Nursing, Graduate | Medical Writing | Nurse Practitioners—education | Nursing Research—methods | United States

Classification: LCC RT76 (print) | LCC RT76 (ebook) | NLM WY 18.5 | DDC 610.73071—dc23

Contact us to receive discount rates on bulk purchases. We can also customize our books to meet your needs. For more information please contact: sales@springerpub.com

Thomas Christenbery: www.orcid.org/

Publisher's Note: New and used products purchased from third-party sellers are not guaranteed for quality, authenticity, or access to any included digital components.

Printed in the United States of America

Contents

Prefe	асе	İλ
Acknowledgments		
1.	Quality and Impact of a DNP Project Paper	1
2.	Structuring a DNP Project Paper	19
3.	IMRaD: Introduction Content Areas for a DNP Project Paper	33
4.	IMRaD: Methods Content Areas for a DNP Project Paper	67
5.	IMRaD: Results Content for a DNP Project Paper	107
6.	${\sf IMRa}\underline{{\sf D}}{\sf : Discussion Content for a DNP Project Paper}$	121
7.	Completing the DNP Project Paper	135
Index		

Preface

Faculty in schools of nursing often provide Doctor of Nursing Practice (DNP) students an outline to organize a DNP project paper. Outlines provide students an overall view of a DNP project paper and the sections to be completed. In addition, faculty typically include a rubric to help students gauge what level of work is expected to receive a passing grade on a DNP project paper. Outlines and rubrics offer needed foundational direction for writing a DNP project paper; however, outlines and rubrics fall short of providing academic guidance on how to write a robust and scholarly DNP project paper. The purpose of this Fast Facts book is to provide DNP students with resources to develop critical insights and rationale that will support them in writing an impactful DNP project paper. The book enables students to master the "why" and "how" of what to include in each section of a DNP project paper. This book guides students to effectively communicate, in writing, complex issues and solutions surrounding their DNP project topics. This book supports students' cognitive processes used to comprehend and communicate structure, content, and presentation for their project papers, which cannot be easily fostered by an outline or rubric. Students will be enabled to write about their project topics in a way that is logical, understandable, and relatable to other healthcare practitioners and scholars. Students will receive guidance to support critical thinking and writing skills, scholarly reflection, and sound rationale for developing each section of a project paper. This book fulfills a need for faculty who seek a comprehensive resource for students to use to develop their DNP project papers from conceptualization through dissemination of a final product.

The Introduction, Methodology, Results, and Discussion (IMRaD) model is used in this book to describe an overarching structure for a DNP project paper. Rationale for using the IMRaD model as a conventional structure for academic writing in the health sciences is explained. The book demonstrates how to organize an evidence-based practice (EBP) question or quality improvement project within the IMRaD model. Types of EBP questions (i.e., intervention, prognosis/prediction, diagnosis/diagnostic test, etiology, meaning) are reviewed, and how to adapt EBP projects to the IMRaD model is demonstrated. Standards for Quality Improvement Reporting Excellence (SQUIRE 2.0) are presented, and adaptation for use with the IMRaD model is included. Each IMRaD section is accompanied by specific areas of content faculty will expect to be covered in each section of a DNP project paper. In addition, each IMRaD section provides topics of discussion that students will want to have with faculty to provide a broader context and meaning for the DNP project paper.

Thomas Christenbery

Acknowledgments

I would like to thank Larry E. Lancaster, who thoughtfully listened to my ideas about this book and provided an authentic and candid critique.

1

Quality and Impact of a DNP Project Paper

After reading this chapter, learners should be able to:

- **1.** Recognize indicators of quality in a Doctor of Nursing Practice (DNP) project paper
- 2. Describe how quality DNP project papers impact healthcare
- **3.** Determine appropriate use of evidence-based practice (EBP), research, and quality improvement (QI) in a DNP project paper

PURPOSE AND VALUE OF THE DNP PROJECT PAPER

The Doctor of Nursing Practice (DNP) project embodies the essence of DNP education. DNP projects are hallmarks of nursing scholarship and practice that contribute significantly to the translation of science into clinical practice. In addition, DNP projects are collaborative, integrative experiences that promote important improvements in the implementation and delivery of patient-centered and/or population-based care (American Association of Colleges of Nursing [AACN], 2006). Ultimately, a DNP project prepares students to use the highest levels of knowledge to influence healthcare outcomes through expertise in leadership, policy enactment, education practices, and patient-centered care (VanderKooi, Conrad, & Spoelstra, 2018).

For over 15 years, DNP students have engaged in culminating program projects that characterize advanced practice *quality* and *impact*. A DNP project's quality represents a standard of

excellence that reflects the development and provision of safe, effective, timely, efficient, equitable, and people-centered services to advance desired health outcomes (Richardson, 2000). The impact of DNP projects is evident in reshaping healthcare in the United States (Dunbar-Jacob, Nativio, & Khall, 2013). DNP projects impel the design and evaluation of innovative healthcare models, evaluate cost-effectiveness of care, influence health policy, and promote research-based interventions to optimize patient healthcare outcomes. To document a project's quality and impact, DNP students are generally required to write a comprehensive scholarly paper that emphasizes the planning, implementation, and evaluation components of a project. Some schools allow students to submit a curated collection of published papers, but typically a scholarly paper is required for graduation.

There are several reasons students want to write a successful DNP project paper during their course of academic study. First, completion of a DNP project paper demonstrates a student's capacity to identify and explore a significant healthcare issue and through the use of best evidence provide potential resolutions to healthcare issues. Second, by writing a successful DNP project paper, students display an advanced ability to appraise and synthesize various forms of research and best evidence. Third, DNP students conduct original and substantive work with a specialized health focus, thus the project paper helps solidify a student's expertise in a clinical area. Fourth, the project paper is the first point in dissemination of a student's culminating scholarship. The value of knowledge gained from DNP projects is incalculable and it is imperative that this knowledge be shared broadly. Fifth, a well-crafted DNP project paper often serves as a major stepping stone for student advancement to roles such as professors, authors, policy makers, and research team associates. Completion of a DNP project paper highlights a student's scholarly abilities and it is common for DNP graduates to be called upon by other experts and organizations seeking professionals with noted mastery in a specialized area.

ETYMOLOGY AND ETIOLOGY OF REQUIRED WRITTEN WORK FOR A TERMINAL DEGREE

The DNP project paper is similar in style to written scholarly products in other practice disciplines (e.g., medicine, pharmacy, physical therapy). Culminating, scholarly products in practice